











Lunch Menu	Holy Spirit Upper School				January 2024
Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	
<div>  Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage </div>					
CLOSED	Roasted Pulled Pork Baked Beans Corn on the Cobb French Fry	Chicken and Waffles French Fry Mixed Vegetables Cheese Grits	Beef Nachos Black Beans Corn With Peppers Churros	Cheese Tortellini Alfredo Sauce Green Beans Roasted Zucchini Garlic Bread	
<div>  The Balanced Bite-Served with Choice of Fruit and Beverage: buttered pasta & marinara served daily along with vegetarian plant based options </div>					
	South West Pasta Salad Pasta with Butter Marinara Soup of the Day	Broccoli Salad Pasta with Butter Marinara Soup of the Day	Sesame Cucumber Salad Pasta with Butter Marinara Soup of the Day	Kale Salad Pasta with Butter Marinara Soup of the Day	
<div>  SproutBerry's Salad Bar and Deli—Served with Choice of Fruit and Beverage </div>					
SproutBerry's Salad Bar will include Romaine, Mixed Greens, Two Composed Salads, Twelve Fresh Toppings and Six Homemade Dressings Every Day SproutBerry's Deli will offer a Variety of Sandwiches, Wraps, & Paninis made Fresh Each Day. Turkey and Cheese Sandwiches and PB&J Uncrustables will be available Every Day					
  			<div> <i>ChefAdvantage is committed to serving Nutritious and Delicious Meals!</i> Locally sourced ingredients whenever possible No High Fructose Corn Syrup, Trans Fats, or MSG </div>		
					




Lunch Menu		Holy Spirit Upper School			January 2024
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	
<div><div></div><div>Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage</div></div>					
Smoked Sausage Red Beans Steamed White Rice Green Beans Corn Bread	Chicken Fried Rice Vegetable Stir Fry Sugar Snap Peas Vegetable Egg Rolls	Grilled Cheese Burger Crispy French Fries Roasted Broccoli Spiced Apples	Herb Roasted Chicken Steamed Broccoli Mash Potatoes Gravy Dinner Roll	Cheese Pizza Potato Wedges Mixed Vegetables Steamed Corn	
<div><div></div><div>The Balanced Bite-Served with Choice of Fruit and Beverage: buttered pasta & marinara served daily along with vegetarian plant based options</div></div>					
BLT Cole Slaw Pasta with Butter Marinara Soup of the Day	Caprese Salad Pasta with Butter Marinara Soup of the Day	Antipasto Pasta Salad Pasta with Butter Marinara Soup of the Day	Kale Salad Pasta with Butter Marinara Soup of the Day	Sesame Cucumber Salad Pasta with Butter Marinara Soup of the Day	
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Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	
<div>  Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage </div>					
CLOSED	Chicken Enchiladas Black Beans Roasted Corn Cilantro Rice Churros	Chicken Nuggets Macaroni and Cheese Steamed Green Beans Baked Apples	Baked Beef Lasagna Cheese Lasagna Garlic Green Beans Mixed Vegetables Bread Sticks	Teriyaki Shrimp Fried Rice Vegetable Stir Fry Egg Rolls Ginger Soy Broccoli	
<div>  The Balanced Bite-Served with Choice of Fruit and Beverage: buttered pasta & marinara served daily along with vegetarian plant based options </div>					
CLOSED	South West Pasta Salad Pasta with Butter Marinara Soup of the Day	Caprese Salad Pasta with Butter Marinara Soup of the Day	Cucumber Tomato Salad Pasta with Butter Marinara Soup of the Day	Kale Salad Pasta with Butter Marinara Soup of the Day	
<div>  SproutBerry's Salad Bar and Deli—Served with Choice of Fruit and Beverage </div>					
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Lunch Menu	Holy Spirit Upper School				January 2024
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	
 Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage					
Crispy Chicken Sandwich Jasmine Rice Steamed Broccoli French Fries Succotash	Chicken Flautas Yellow Spanish Rice Pinto Brans Roasted Corn n Peppers	Spaghetti with Meatballs Steamed Broccoli Garlic Green Beans Breadsticks	Mojo Chicken Cilantro lime Rice Black Beans Roasted Cauliflower	Cheese Tortellini Alfredo Sauce Green Beans Roasted Zucchini Garlic Bread	
 The Balanced Bite-Served with Choice of Fruit and Beverage: buttered pasta & marinara served daily along with vegetarian plant based options					
Pasta with Butter Marinara Soup of the Day	Antipasto Pasta Salad Pasta with Butter Marinara Soup of the Day	Broccoli Salad Pasta with Butter Marinara Soup of the Day	Cole Slaw Pasta with Butter Marinara Soup of the Day	Pasta Salad Pasta with Butter Marinara Soup of the Day	
 SproutBerry's Salad Bar and Deli—Served with Choice of Fruit and Beverage					
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Monday 29	Tuesday 30	Wednesday 31	Thursday	Friday	
<div>  Sizzle and Main-Served with Choice of Fruit and a Fountain Beverage </div>					
Breakfast for Lunch French Toast Turkey Sausage Hash Brown Potato Maple Glazed Carrots	Chicken Fajitas Street Corn Casserole Pinto Beans Yellow Rice Churros	Jerked Chicken Alfredo Garlic Bread Green Beans			
<div>  The Balanced Bite-Served with Choice of Fruit and Beverage: buttered pasta & marinara served daily along with vegetarian plant based options </div>					
Caprese Salad Pasta with Butter Marinara Soup of the Day	South West Pasta Salad Pasta with Butter Marinara Soup of the Day	Broccoli Salad Pasta with Butter Marinara Soup of the Day			
<div>  SproutBerry's Salad Bar and Deli—Served with Choice of Fruit and Beverage </div>					
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