



HOLY SPIRIT
PREPARATORY SCHOOL

COVID-19 INFECTION AND EXPOSURE RESPONSE PROCEDURES

(Last updated 9/2/2021)

If your child tests positive for COVID-19:

REQUIREMENTS INCLUDE:

1. Isolate at home for a full 10 days, day 0 being the first day of symptoms and until symptom free (with no fever reducing medications).
2. Notify the school nurse for guidance in returning to school.
3. A negative test is not required for returning to school.
4. Siblings in the same household are strongly encouraged to have a negative test prior to returning to school (unless previously recovered from COVID-19).

If you are concerned about potential exposure of your child to someone with COVID-19:

MINIMUM REQUIREMENTS INCLUDE:

1. Monitor for symptoms: headache, sore/scratchy throat, congestion, fatigue, runny nose, muscle aches, low grade fever, cough, loss of taste/smell, nausea, diarrhea, vomiting.
2. IF one or more symptoms develop, test 3-5 days after symptoms first develop (rapid or PCR, home tests are acceptable) and keep your child out of school and group activities until negative test results are obtained.
3. If no symptoms of COVID-19 develop, the student may attend school with mask use strongly encouraged. Test on day 3-5 after the exposure (or exposure notification) date to be certain.

If your child is previously recovered or vaccinated and potentially exposed to someone with COVID-19:

MINIMUM REQUIREMENTS INCLUDE:

1. Monitor for symptoms: headache, sore/scratchy throat, congestion, fatigue, runny nose, muscle aches, low grade fever, cough, loss of taste/smell, nausea, diarrhea, vomiting.
2. IF one or more symptoms develop, obtain a COVID-19 test (rapid or PCR, home tests are acceptable) and keep your child out of school and group activities until negative test results are obtained.
3. If no symptoms of COVID-19 develop, recommend testing on day 3-5 after the exposure date to be certain. The child may attend school, with mask use strongly encouraged.