



MAY 2017 Café Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 HERB ENCRUSTED PORK LOIN OVEN ROASTED POTATOES STEAMED BROCCOLI	2 MOM'S MEATLOAF MASHED POTATOES GREEN PEAS	3 OVEN FRIED CHICKEN MAC & CHEESE FRIED OKRA	4 COUNTY FAIR HOT DOGS FRENCH FRIES FIREHOUSE CHILI	5 BROCCOLI PASTA BAKE GARLIC BREAD SEASONED MIXED VEGETABLES
8 HOMEMADE CHICKEN POT PIE RICE BUTTER PEAS	9 BREAKFAST FOR LUNCH SCRAMBLED EGGS CHEESE GRITS BACON SAUSAGE PATTIES FRENCH TOAST STICKS	10 SWEDISH MEATBALLS SEASONED PASTA ROASTED MIXED VEGETABLES	11 KRISPY CHICKEN SANDWICH FRENCH FRIES GOLDEN CORN	12 BAKED & FRIED FISH RANCH FRIES BROCCOLI, CAULIFLOWER MIX
15 SOFT & HARD TACOS MEXICAN RICE REFRIED BEANS	16 COUNTRY FRIED STEAK MASHED POTATOES GREEN PEAS & CARROTS	17 GOLDEN CHICKEN TENDERS SCALLOPED POTATOES GREEN BEANS	18 GRILLED HAMBURGERS FRENCH FRIES BAKED BEANS	19 CHEESY PIZZA CAESAR SALAD
22 CHEF'S CHOICE	23 CHEF'S CHOICE	24 CHEF'S CHOICE	25 CHEF'S CHOICE	26 NO LUNCH HAVE A HAPPY SUMMER



March 2017 Café Menu



Stock Market Soup – Freshly prepared soup offered daily from October thru March

Soup Selections include 1 of these daily – Beef Stew, Chicken Tortilla, Beef Chili, Clam Chowder, Tomato Spinach Tortellini, Chicken Noodle, Cheeseburger Soup, Chicken Alfredo, Loaded Potato, Turkey and Rice, Chicken Gumbo, Chicken Pot Pie, Brunswick Stew, Egg Drop Soup.



Garden Salad Bar Daily Offerings – We prepare freshly sliced hand selected vegetables everyday for our salad bar.

Items include-Assorted lettuces, Tomatoes, Cucumbers, Carrots, Celery, Broccoli, Beets, Garbanzo Beans, Kidney Beans, Kalamata Olives, Shredded and Cubed Cheeses, Cottage Cheese, Hard Boiled Eggs, Assorted Seasonal Fruits, Assorted Composed Salads, along with a Variety of Dressings.



Deli Bar – We proudly serve Boar's Head deli meats, which are lower in sodium and have less preservatives.

Daily Deli Items – Black Forrest Ham, Smoked Turkey Breast, Slice Roasted Chicken, Tuna Salad, and Chicken Salad. Toppings include. Fresh Cut Lettuce, Tomatoes, Onions, and Pickles, served along side American and Swiss Cheese



Beverage Offerings – We offer tea, lemonade, 2% milk, skim milk, and water everyday.



Southern Cares Program – Holy Spirit proudly participates in the Southern Cares program. The initiative is designed for organizations who are devoted to protecting the environment. We use disposable products that are biodegrade, compostable, and in some case made from renewable resources. We also work to responsibly source items locally when options are available and viable.



What We Eat Matters – We use foods straight from the source, our goal is to serve products that are free from artificial preservatives and additives. We accomplish this through using fresh vegetables every day and preparing scratch made recipes.

